

Local Area Agreement 2008-2011

11 April 2010

Priority: Health and Wellbeing

Lead Contact: Alison Golby, Ian Tearle - PCT

RAG Status: Amber

Summary Statement:

Designated LAA targets

There are 9 designated targets within the LAA Health and Wellbeing Theme . These are detailed in the PI table below including the baseline, annual target, actual performance to date, performance status and improvement. In addition, graphs are included in this performance report to demonstrate the actual performance (continuous green line) against the target (dotted blue line) for each indicator together with District area data where available. National Indicator 125 although still designated will not contribute towards Performance Reward Grant.

End of year 2 reviews

LAA10 Promote Independence - Community Mentoring

STATUS: GREEN

Achievements:

- We have agreed that Link2 will join the Time for Life consortium from 2010/11.
- Time for Life has expanded its services into very rural areas of North and West Devon. Local older people have participated in determining the shape of the service locally.
- The Sahara BME (Black & Minority Ethnic) mentor project: preliminary mapping in preparation for implementation has been completed in South and East Devon using LPSA2 funding; Chinese and Indian communities have been contacted through local businesses and key stakeholders identified.
- Sahara has also commenced work (funded separately) to identify and support BME carers in having health and wellbeing checks (incorporates carers assessment).

Outcomes for local people:

- Local older people in rural areas have access to chosen activities and transport solutions to support them (see examples below)
- Sahara BME mentor services are about to be available for the first time in South and East Devon (East Devon, South Hams and Teignbridge) mean that people will no longer have to travel to Exeter for community support.
- BME carers are accessing carers health and wellbeing checks and carer assessments on an equal basis with others.

Value for money

- One aim of the service is to enable older people to do things for themselves, promoting their own good physical and mental health and thus reducing calls on formal services.
- Time for Life reports that investment of time in talking with local older people in rural areas of West Devon have resulted in lower costs for projects than originally anticipated - and increased capacity on the original plan. Example is training 8 volunteers to NVQ level 1 in seated exercise to support seated exercise classes across North and West Devon and Torridge, rather than pay for a trainer once a month.
- The Link2 coordinator reports: "A craft group member has offered her house for future meetings. This has proved a successful outcome as room hire charges were an issue for the group if it was to become self running. Our volunteer will still oversee the running of the group and plans to run project based themes. The members have a wealth of experience and intend to share this with each other. "
- Sahara BME project reports: The mapping of South and East Devon undertaken with LPSA2 Reward monies has shown that BME persons living in the areas have little contact with statutory and voluntary services - and therefore have little involvement. It is anticipated (from experience elsewhere in the County) that low cost community services will be designed by identified communities.
- Having one consortium (instead of the consortium plus AC Exeter) is set to reduce management costs in 2010/11 on. Also in 2010/11 further work will be done to align the work of the consortium and that of Sahara with a view to Sahara joining the consortium.

LAA10 Promote Independence - Personalisation

STATUS: AMBER

Achievements: :

- Service User and Carer Engagement: A User Led Organisation has been established with representation on the Putting People First (PPF) Programme structure. A Service User and Carer reference group has been established that meets regularly to consult on and contribute to PPF projects. There has been wider engagement with citizens and self-funders as part of Public Information strategy development.
- LD Indicative Budgets: Service Users with a Learning Disability have been advised of their Indicative Budget since October 2009. The Indicative Budget is calculated using the InControl RAS4 tool and is based upon assessed need.
- Increased Uptake of Direct Payments: A number of initiatives have been introduced to increase the uptake of Direct Payments this includes Care Direct Plus advising service users of their budget for Agency Care prior to them being asked whether they want a Direct Payment and Direct Payments training for staff.

Outcomes for local people:

- Service User and Carer Engagement: Service Users and Carers have contributed to the development of the new Charging Policy and Personal Budgets Policy. They also receive regular updates on project performance and are going to be invited to attend Theme Board meetings where this is felt to be appropriate.
- LD Indicative Budgets: Service Users with a Learning Disability now have the choice of receiving their Indicative Budget as a Direct Payment instead of receiving services in the traditional way.
- Increased Uptake of Direct Payments : A local service user was involved in delivering the Direct Payments training for Devon County staff.

Value for money:

- LD Indicative Budgets: The Learning Disability Service has worked with external service providers to bring costs down to within the sum of the Indicative Budgets for the service users they are providing services for.

LAA10 Promote Independence - Rapid response

STA TUS:AMBER

Achievements:

- The rapid response service was successfully rolled out in Mid Devon under a single coordination for the Eastern Devon area and the Exeter area was brought within the single coordination model
- The Business case successfully demonstrated significant financial benefits to the health and social care system and outlined the proportion of benefits to each partner.

Outcomes for local people:

- In the Eastern Devon area Hospital admissions are avoided, ambulance journeys reduced and emergency care home admission are also reduced. Individuals have a real choice when faced with unnecessary hospital admission to remain in their own homes with a rapid response service.

Value for money:

- Reduced community hospital admissions has improved capacity management within community hospital and is contributing to a review of how community hospital capacity is utilised
- PCT contact negotiations and expected efficiency gains have been negotiated partially based upon reduced acute hospital admissions provided by the rapid response service
- Admissions to care homes from hospital settings may be reduced partly as a result of reducing inappropriate admissions to hospital in first place

LAA11 Improve support & services for carers and users

STATUS:GREEN

Achievements:

1. Health and Wellbeing Checks programme: £800k additional investment in Carer Support involving a wide range of statutory, independent and voluntary sector partners to deliver 4,000+ health and wellbeing checks to carers by March 2011
2. Production of Devon Carers Strategy, action plan. Governance framework embedded into Generic carers Involvement framework to ensure carers and a wide range of key partners are involved in overseeing the delivery of the strategy
3. Devon Carers Link membership has increased by 2,000, with 50 additional carers per month signing up for an alert card and contingency plan

Outcomes for local people:

- 1 . Some comments from carers who were among the first to have their checks.

Mrs C 'It was very thorough, the nurse talked to me about all sorts of things that we could have to help us if we needed them. At the moment we are managing OK but its comforting to know that help is out available
Mrs W 'It was really great to have time for myself for a change and to talk about MY problems.

Dr Simon Kerr, a GP from the Coleridge practice in Ottery St Mary who is committed to improving services for carers says:

"..... this project, which is being evaluated locally as well as by the DH, is a very worthwhile one to be involved with".

2 . Clarity / greater transparency in commissioning intentions of the statutory sector

3 . Compliments received by Devon carers Link include:

"The flexible Grant Scheme is literally like winning the lottery. To be granted an amount which really does make a difference to your life when you are a carer and on a limited income gives you a feeling of being recognised and appreciated.....I know so many carers who applied and got granted a flexible grant and it has changed their lives"

"You are doing splendid work for all the carers in this area and now countrywide. We are very fortunate to have a body such as yourselves making the very tiring life of a carer a little easier to bear"

Value for money:

The current working premise is that these three achievements will contribute to carers being able to sustain their caring role for longer. Efficiency savings are difficult to demonstrate (DH 2008) but would be assumed to be gained through:

- Early detection and intervention to reduce health risks
- Involving carers in the development of services to ensure appropriate commissioning
- Timely access to information, advice and support will reduce stress for carers, promote emotional wellbeing and enable them to make informed choices

LAA13 Maintain and increase levels of physical activity & sport

STATUS: GREEN

Achievements:

These are some local examples of activity taking place due to NI8 being part of Devon's LAA .

- South Hams DC have increased their Health Walks to 5 locations, 10 walks per week, 100 users per week, approx 5,000 for year. Achieved national accreditation. Over 55 volunteer walk leaders trained. They also continue to grow their Leisure Youth Nights - 4 locations, weekly Friday night sessions, average 50 - 70 visits each centre, approx 6,500 visits for year. Good partnership with Tone Leisure, Youth Service and Police. Received Sport England recognition for good practice.
- In Teignbridge, Walk this Way has continued to develop and expand, with a new health walk in Teignmouth set up in partnership with the healthy hearts and minds project and increased levels of participation district-wide.
- Dance this Way, a partnership project between Dance in Devon, Active Devon and Teignbridge Council has provided rural, isolated and deprived areas with various dance sessions for older people, with many opportunities open to the whole family for over 12 months.
- In West Devon the 5X30 Project is still in operation and there are two Activators covering the area. Many new physical activity groups have been set up and are flourishing including a Boccia Club in Tavistock.
- Development of beginners running groups- Okehampton Running Club (new Club), Run in The Park in Tavistock.
- Free Swimming for Over 60's.
- Free Swimming Lessons.
- Fit as a Fish sessions.
- Opening of Tavistock College Fitness Centre and sports facilities.
- Walk and Talk- Coordinator now in place to administer and develop the four walking schemes in West Devon- there are now more people walking (figures can be sought from Natural England or WDBC).
- A new opportunity has recently been set up to be physically active in Okehampton via the new Running Club at a low cost (£25 per year). The emphasis is on encouraging beginners and those with no experience.
- Volunteers have become trained coaches through external funding and are now encouraging other club members to undertake courses. Partners in this development are West Devon Borough Council, Okehampton Community Recreation Association and the 5X30 Project.

Achievements:

LAA13 Closing the Gap - Active Children & Young People in Devon:

Contact has now been established with 37 such "leads" and we have begun a series of twilight Intervention Forum's within clusters of Local Learning Communities across the North, South, East, West and Centre regions of the county in which the intervention lead has been invited to attend. We are looking to address solutions to overcoming the issues and obstacles that they currently face in their work with this group of children - one of the greatest hurdles being that of an individual philosophical and department cultural shift. The first phase of these forums occurred throughout late Nov and Dec 2009, and are continued to be delivered termly.

A series of sampler case studies have developed by the PEDPASS (Physical Education, Daily Physical Activity and School Sport) team to share with the secondary school communities, whilst schools such as Colyton Grammar, Newton Abbot College, St. Peters', and St. James' have all submitted programmed case studies to add to our growing file to share. In this series of forums a proforma is being shared with the intervention leads (previously with Heads of PE and PDM's) who are being requested to return to their schools and identify an "at risk" and "vulnerable" group and develop a targeted programme.

One such programme worth highlighting as a positive good news story is that of St. James'. Paul Tallentire (Head of PE) and his

department have identified 88 pupils that are considered to be "at risk" and "vulnerable" of developing inactivity for life, two year 11 students from this list act as Physical Activity Mentors and in that role provide lunchtime physical activities in an assigned PE facility. Attendance is regular and sustained. Funding for their programme (including a reward system) has been found from school improvement, EBD, G&T etc budgets - such is the make up of the group. The school have recently been visited by OfSTED, the intervention programme was focused upon by the inspectors who interviewed the two year 11 pupils and the department were complimented on their work

LAA30 Promote health and reduce health inequalities

STATUS: AMBER

Achievements:

- The Devon Joint Strategic Needs Assessment has been nationally recognised and is increasingly influencing commissioning process across a wide range of settings, topics and themes.
- Increased resources for smoking cessation have enabled people wishing to give up having further access to appropriate and effective services.
- Devon has one of the highest rates of physical activity participation in the South West. The joint work in building physical activity into everyday life through Health Impact Assessments was recognised as exemplary practice in the recent Strategic Health Authority Peer Review. The successful bid for Active Villages funding will provide the opportunity for innovative approaches to increasing physical activity in a number of our rural areas.

Outcomes for local people:

The range of issues that impact on all age cause mortality are complex and wide ranging and relate to other national indicators. For some of these indicators the impact is more immediate in terms of health improvements e.g. smoking cessation, physical activity participation, healthy eating and alcohol advice. Whilst for other areas the benefits will be more longer term, require more multi agency approaches and often span the lifecourse e.g. breastfeeding, healthy schools plus programmes, fuel poverty interventions.

Value for money:

Wherever possible services are commissioned based on best available evidence. Smoking cessation, healthy eating and physical activity are proven behaviours that have positive health gain. The increased use of the Joint Strategic Needs Assessment will support the development of needs led commissioning processes.

LAA31 Reduce in human costs, lost output and costs to services resulting from road collisions

STATUS: GREEN

Achievements:

- Lowest ever numbers of people killed and seriously injured in Devon. Reductions in numbers of people with slight injuries. One of the lowest totals of children killed and seriously injured.
- Achieved by a full programme of safety activities in 2009 by partners within the Devon Road Casualty Reduction Partnership.
- The Devon Rural Road Safety Demonstration Project saw a 27% reduction in casualties over and above other reductions in the rest of rural Devon.

Outcomes for local people:

Fewer deaths and injuries, less distress and loss of income, fewer delays due to collisions,

Value for money:

Savings in numbers and severity of injuries equates to considerable cost savings to society, business, emergency services.

The new Devon Road Safety Academy has delivered safety courses to many officers in DCC, police and fire services in order that more and better services can be delivered in partnership

Devon Drivers Centre delivered safety services to thousands of people and covered all its operational costs from income

Key to Performance Status:

Performance Indicators:	No Data	Well Below Target	Below Target	On Target	Above Target	Well Above Target
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Key to change on same period in previous year:

↑	Improved Performance	↓	Worse Performance	↔	Unchanged
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Key to +/- Column:

+	Higher figures are better	-	Lower figures are better	OFF	Direction cannot be determined.
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Performance Indicators								
Code	Title	+/-	Instance	Annual Target	Status	Improvement	Actual to Date	Officer Notes
NI 125	Achieving independence for older people through rehabilitation/intermediate care	+	FY 2008-09	79.0%	Above Target	n/a	80.5%	(2008 - 2009) 80.5% of people who were discharged from hospital where the plan on discharge was for them to remain independent and living at home, were at home 3 months after discharge, exceeding the 79% target. (KB)
		+	FY 2009-10	80.0%	Well Above Target	↑	89.8%	(March) Amended provisional end of year figures 6 May 2010 (TP) (TP)
		+	FY 2010-11	82.1%	Data not entered	n/a		
NI 132	Assessments Completed within 28 Days (all adults)	+	FY 2008-09	75.0%	Well Below Target	↓	69.9%	(Quarter 4) The percentage of clients receiving an assessment within four weeks fell to 69.9% during 2008-09, well below the 75% target. Current performance places us in the bottom quartile of authorities nationally. Devon Provider Services has drawn up an action plan to improve performance during 2009-10. (SJ)
		+	FY 2009-10	80.0%	Well Below Target	↑	71.5%	(March) Provisional end of year figures 5 May 2010 (TP) (TP)
		+	FY 2010-11	85.0%	Data not entered	n/a		
NI 134	The number of emergency bed days	-	FY 2008-09	351,450	Below Target	↓	363,382	
		-	FY 2009-10	347,936	Below Target	↓	364,413 (3/4)	
		-	FY 2010-11	344,456	Data not due	n/a	n/a	
NI 135	Carers receiving needs assessment or review and	+	FY 2008-09	33.0%	Well Below	↓	24.7%	(2008 - 2009) The percentage

Performance Indicators

Code	Title	+/-	Instance	Annual Target	Status	Improvement	Actual to Date	Officer Notes
	a specific carer's service, or advice & information				Target			of carers receiving services to clients receiving community based services fell slightly in 2008-09 to 24.7% from 25.1% in 2007-08. This was well below the 33% stretch target set for 2008-09. A Carers Assessment Performance Improvement group has been established to investigate and resolve practice and data quality issues. (KB)
		+	FY 2009-10	35.5%	Well Above Target	↑	37.6%	(March) Provisional figures 14 April 2010 (TP)
		+	FY 2010-11	38.0%	Data not entered	n/a		
NI 8	Adult participation in sport and active recreation	+	FY 2008-09	24.4%	On Target	↓	24.4%	(2008 - 2009) Interim data for April 2008 - April 2009 showed a fall to 23.2% Final data recorded at 24.4% is for the period October 2008 - October 2009. (KB)
		+	FY 2009-10	25.4%	Data not due		n/a	
		+	FY 2010-11	26.4%	Data not due	n/a	n/a	

District FY 2008-09

Area	Actual	Deviation
North Devon	25.4	Average Representation
Torrige	22.0	Under Represented
East Devon	24.1	Average Representation
Exeter	28.3	Over Represented
Mid Devon	22.6	Average Representation
West Devon	25.3	Average Representation
Teignbridge	24.3	Average Representation
South Hams	23.8	Average Representation

NI 120b	All-age all cause mortality rate - Male (per 100,000 pop.)	-	2008	584.00	Below Target	↑	585.35	(2008) Final figures show there has been a 4% overall
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Performance Indicators

Code	Title	+/-	Instance	Annual Target	Status	Improvement	Actual to Date	Officer Notes
								improvement in the male mortality rate from 2007 to 2008. Slight increases in Mid Devon, North Devon, Torridge and West Devon were offset by significant improvements in East Devon and Exeter resulting in being only 0.2% off target. Overall mortality rate (male and female combined) showed a slight improvement owing to the greater impact of the improvement to the higher male mortality rate. (KB)
		-	2009	568.00	Data not due		n/a	
		-	2010	552.00	Data not due	n/a	n/a	
		-	2011		Data not due	n/a	n/a	

District 2008

Area	Actual	Deviation
North Devon	670.60	Over Represented
Torridge	586.54	Average Representation
East Devon	500.10	Under Represented
Exeter	626.93	Average Representation
Mid Devon	588.39	Average Representation
West Devon	642.42	Over Represented
Teignbridge	581.28	Average Representation
South Hams	607.97	Average Representation

NI 120a	All-age all cause mortality rate - Female (per 100,000 pop.)	-	2008	411.00	Below Target	↓	429.93	(2008) Final figures show there has been an overall 2.8% deterioration in the female mortality rate from 2007 to 2008. There was increased female mortality in all but two District areas (East Devon and South Hams, the latter showing a significant
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Performance Indicators								
Code	Title	+/-	Instance	Annual Target	Status	Improvement	Actual to Date	Officer Notes
								improvement), resulting in being 4.6% off target. (KB)
		-	2009	402.00	Data not due		n/a	
		-	2010	393.00	Data not due	n/a	n/a	
		-	2011		Data not due	n/a	n/a	

District 2008

Area	Actual	Deviation
North Devon	440.89	Average Representation
Torrige	463.52	Over Represented
East Devon	411.65	Average Representation
Exeter	470.31	Over Represented
Mid Devon	434.14	Average Representation
West Devon	425.28	Average Representation
Teignbridge	440.83	Average Representation
South Hams	384.11	Under Represented

NI 56d	Percentage of children in Year 6 with height and weight recorded who are obese	-	AY 2008-09	17.1%	Well Above Target	↓	16.1%	(2008 - 2009) While 1% better than target this is also worse by 1.9% than the previous year, roughly in line with forecasts. To achieve the LAA target now requires at least 1% reduction in Year 6 obesity in 2009/10. (KB)
		-	AY 2009-10	15.1%	Data not due	n/a	n/a	
NI 56e	Percentage of children in Year 6 with height and weight recorded	+	AY 2008-09	85.5%	Above Target	↑	87.5%	
		+	AY 2009-10	85.9%	Data not due	n/a	n/a	
		+	AY 2010-11	86.4%	Data not due	n/a	n/a	

Programme Links:

Project: LAA10 Programme to Promote Independence

Project: LAA11 Programme to improve support and services for carers and users

Project: LAA13 Programme to maintain & increase levels of physical activity & sport

Project: LAA30 Programme to promote health & reduce health inequalities

Project: LAA31 Programme to reduce in human costs, lost output & costs resulting from road collision

